

H E R O M E N U

PHONE IN YOUR ORDER FOR LIGHTNING FAST SERVICE - PICK UP AT REGISTER 214-521-2070 OR FAX YOUR ORDER IN TO 214-521-9030

BREAD CHOICE: SOURDOUGH WHITE, WHOLE WHEAT, JALAPENO CHEESE, MARBLE RYE, FRENCH, FOCCACIA, and SUN DRIED TOMATO
(Contains no Trans Fats) **PLUS 12" TORTILLA WRAPS (Tomato Basil, Spinach, & Garlic Herb)**

Cold Heroes

- * All Heroes reg. unless dbl. is requested**
- | | | |
|---|-------------|--------------|
| | REG. | DBL.
MEAT |
| 1. Genoa Salami, Cappellica Baked Ham & Provolone cheese | 4.95 | + 2.00 |
| 2. Baked HAM & SWISS Cheese | 4.95 | + 2.00 |
| 3. Baked Ham, Turkey Breast & Provolone Cheese | 5.15 | + 2.00 |
| 4. Turkey Breast, Lean Roast Beef & Provolone Cheese | 5.25 | + 2.00 |
| 5. Lean ROAST BEEF & Provolone Cheese <i>(or try it HOT with Cheddar)</i> | 5.25 | + 2.00 |
| 6. The Great American Hero Genoa Salami, Baked Ham, Bologna, & Provolone | 4.95 | + 2.00 |
| 7. TURKEY Breast & Provolone Cheese | 5.15 | + 2.00 |
| 8. Genoa Salami, Pepperoni & Provolone Cheese | 4.95 | + 2.00 |
| 9. The Super Hero - Provolone & Swiss Cheese, Genoa Salami, Pastrami, Baked Ham, Bologna, Cappellica & Pepperoni | 5.95 | + 2.50 |

**HEALTHY, NUTRITIOUS FOOD
FRIENDLY, SMILING SERVICE**

Hot Heroes

- | | |
|--|-------------|
| 10. Mesquite Grilled Chicken (with melted cheese + .60) | 5.95 |
| 11. Hero's Club - Baked Ham, Turkey Breast, Cream Cheese, Black Olives & Provolone Cheese (Dbl Meat + 2.00) | 5.75 |
| 12. Heavenly Hero - Baked Ham, Cream Cheese, Mushrooms & Swiss Cheese (Dbl Meat + 2.00) | 5.75 |
| 13. Heroletta - Baked Ham, Turkey, Monterey Jack Cheese, Genoa Salami, Provolone Cheese with a Cajun Blend of Green & Black Olives, Mushrooms, Oils & Spices (Dbl + 2.50) | 5.95 |
| 14. Grilled Reuben - Marble Rye Bread, Corned Beef, Swiss, Sauerkraut & Spicy Mustard (Dbl + 2.50) | 5.75 |
| 15. Pastrami - (Beef or Turkey) & Provolone Cheese (Dbl + 2.00) | 5.25 |
| 16. Italian Meatball Hero with Marinara Sauce (with melted Provolone Cheese .60 extra) | 4.95 |
| 17. Pizza Hero - Open Faced With Italian Sauce, Pepperoni, Provolone & Spices <i>(One Free Extra)</i> | 4.95 |
| Veggie Pizza Hero Available | |
| 18. CHEESESTEAK - with Marinated Peppers, Onions, & Mushrooms | |
| A. Philly - Smothered with Cheddar Cheeses | 5.95 |
| B. Italian - with Marinara Sauce & Provolone and Parmesan | 5.95 |
| C. Mexican - with Jalapenos & Pepper Jack Cheese | |
| D. Chicken Philly | |

Lite Heroes

- | | |
|--|--------------|
| 19. Solid White Albacore TUNA (Cheese .60 extra, Double Tuna + 2.50) | 5.15 |
| 20. HERO made Chicken Salad (Cheese .60 extra, Double + 2.50) | 5.15 |
| Veggie Heroes | |
| 21. Peanut Butter, Banana & Honey (or Peanut Butter & Jelly) <i>Granola Free</i> | 3.25 |
| 22. Healthy Hero - Cucumbers, Cream Cheese, Mushrooms, Black & Green Olives, Sprouts & Monterey Jack Cheese | 4.95 |
| 23. AVOCADO & Monterey Jack Cheese (or 1/2 Avocado and 1/2 Hummus) | 5.15 |
| 24. Cheezy Hero - Provolone, Swiss, Cheddar & Pepper Jack Cheeses (add Cream Cheese .60) | 5.25 |
| 25. Garden Hero - Cucumbers, Mushrooms Black & Green Olives, Sprouts & Pickles | 4.75 |
| 26. Hummus Hero - HUMMUS, Cucumbers, Sprouts, with HERO Dressing, and choice of <i>Roasted Pepper Mayo or Ranch</i> | 4.75 |
| 27. Veggie Delight - Marinated Peppers, Onions, & Mushrooms with "Hero Dressing" (Add Cheddar .60) | 4.25 |
| 28. CUBAN Panini - Roasted Pork, Baked Ham, Turkey, Swiss Cheese, Spices, Sliced Dill Pickles, and Dijon Mustard | 5.95 |
| 29. BLT + American Cheese (Bacon, Lettuce, Tomato, Spices & Mayo) | 4.85 |
| 30. Belly Buster - 6" HIGH - 9 meats 5 cheeses, plus 6 extras - 24 oz. | 13.75 |

(Prices Subject to Change)

Salad Heroes

CHEF Salads - (Cost of Hero + .60)

Choose your own favorite Hero and we will make it into a delicious, healthy, nutritious, CHEF Salad. Ranch, Bleu Cheese, T.J., Creamy Italian, Honey Mustard Fat Free Ranch, Lite Raspberry Vinaigrette
(Half CHEF Salads Available)

Dinner Salads: Sm - 2.25 Lg - 3.25

FRUIT Salads: Sm - 1.95 Lg - 2.95

Soups of the Day:

Cup 1.75 Bowl 2.25

Chili

Cup 2.25 Bowl 2.75

(Add Cheddar + .30, Onions Free)

Nachos

(Jalapeno's free / Avocado .95)

- | | |
|---|-------------|
| A. Cheese | 2.99 |
| B. Chili & Cheese | 3.89 |
| C. HERO Nachos - Chili, Cheese, Lettuce Tomatoes, Onions, Spices and Parmesan Cheese - Jal.?? | 4.69 |

KIDDIE ~ Senior Menu

(under 12 or over 59 only)
Sandwiches \$5.00 and under only

• **Half Sub, Sm. Drink & Chips 3.99**

Half Heroes

1/2 Reg. HERO Price Plus .50

★ ★ ★ ★ ★ ★ ★ ★

EMERGENCY CORPORATE
CATERING SPECIALIST
Call us **FIRST: 214-521-2070**

★ ★ ★ ★ ★ ★ ★ ★

In Dallas Since 1974

☆☆☆ Hero Dressing ☆☆☆

- **Question #1 EVERYTHING??** Fresh Shredded Lettuce, Onions, Tomatoes, Blend of Canola & Olive Oil, Red Wine Vinegar, Spices & Oregano
- **Question #2 Spice Up Your Hero with...**
Mayo: Regular, Fat Free, Zesty, Basil or Roasted Pepper Mayo
Mustard: Yellow, Spicy, or Honey // Thousand Island // Ranch // Creamy Italian
(Blue Cheese, Fat Free Ranch, Miracle Whip, Hot Sauce, A-1, Ketchup, Horseradish, BBQ Sauce)
Add - Bacon, Avocado, or Hummus to any sandwich95

Extras (On HERO or Salads) **Extra Cheese or Meats .60/oz.**

- **Avocado, Sizzling Bacon, or Hummus .95 Grilling - .50**
 - **Mushrooms • Black Olives • Green Olives • Cucumbers • Jalapeno's • Pickles**
- ① - .40 ② - .70 ③ - .95 **Sprouts - FREE**